

VCE ENGLISH LANGUAGE

2020 Units 3&4 Practice Paper 2

Insert for Sections A and B

(Please remove from the centre of this book during reading time)

TEXT 1

This is an entry in a public blog written by a young Australian woman who works in the corporate world. She writes and publishes her blog in the hope that people will find inspiration and encouragement from her ideas and be entertained.

With thanks to *From Chaos to Corporate* for permission to use this material.

ACCOUNTABILITY BUDDIES: THE KEY TO GETTING SH*T DONE

I'll be honest, I am a self-confessed addict for getting shit done.

There is something so rewarding about making a list and ticking off each item. It's like a little high-five every time you cross another task off the task list. The only thing that stands in my way of achieving my goals is me. I am the biggest achiever of making the list and getting through the first few items but then the wheels come off and I end up losing momentum.

I remember spending an afternoon stuck in this never-ending loop. I had made a list of things that needed completing and I just sat there, procrastinating about what to do first. The time slipped by and suddenly my window to achieving it all was diminishing by the second. I thought to myself, "I need someone to motivate me," and that's where the need for an 'Accountability Buddy' came in.

Motivation is a hard thing to have all the time, especially when you're just too tired. Ultimately, we all need to be accountable for ourselves but having a little extra help never goes astray. What if all you needed to get up the hill was a little push?

Having a few people within your social and professional network to check in on you is an easy tool to finding success. A simple transaction of accountability shared between two or more people is often what we, as humans, need in order to get it done. It's for the same reason that I enjoy group fitness classes. I'm far less likely to give up with others watching me.

So here are some tips to finding and keeping your accountability buddy.

Tell me what you want, what you really really want...

A zig-a-zig ah? You need to know what you want before expecting to receive it. The same thing goes for when you need an accountability buddy. Before you start, you need to ask yourself two questions: "What type of motivation are you looking for?", and "What do you need to get done?" Pick three main goals of things you want to achieve and get specific. Maybe you pick a general goal of improving your overall wellbeing and fitness and break that down into three specifics of: increase exercise to four times a week, change your diet to include more nutrients, and cut down your body fat percentage by 3-5%. Whatever you're choosing, knowing what you want is the key to success. From there you need to decide what kind of support is going to best serve you. Be warned, it might not be the type of support that you like the most, but this is about what is going to get results.

29 Find your needle in the haystack

30 Now that you know what you want, you need to go in search of the holy grail: someone who can deliver.
31 You need an all-encompassing, magical, motivated human who understands what you need to achieve
32 and how to deliver motivation in a way that works for you. If you need some tough love, then they must
33 be able to deliver that in a way that doesn't make you want to punch them. They have to be willing to
34 motivate you and keep you on track. Actually, it works far better if your accountability buddy also
35 needs *your* support. Unless you both require accountability, it can become a bit of a one-sided affair. If
36 you're in this together, it's great to be able to share the support as this builds a solid foundation. The last
37 thing you want is to take, take, take and leave the other person feeling emotionally drained. This way,
38 you both get something worthwhile out of it.

TEXT 2

This is the beginning of a speech given by Australian Prime Minister Scott Morrison to the National Press Club during the health and economic crisis caused by Covid -19. Morrison leads the Liberal National Party (LNP) Government. Politicians use an address to the National Press Club to raise their public profiles and announce and advocate for their plans and policies. Morrison reads the speech from autocues set up on either side of his lectern.

Transcription key

,	continuing intonation
.	final intonation
<u>Word</u>	emphasised word
(.)	pause of less than 0.5 of a second
(...)	pause of a second
\	falling intonation
/	rising intonation
@@@	laughter

1 I begin by acknowledging the Ngunnawal people,
2 their Elders past present and importantly emerging,
3 and can I also acknowledge,
4 any servicemen and women and veterans,
5 who may be joining us today either here,
6 or um through the broadcast,
7 and can I simply say to you (.)
8 thank you for your service\
9 A year ago (.) I said (.)
10 how good is Australia\
11 and how good are Australians\
12 and over the past year,
13 Australians have proved this (.)
14 time (.) and again\
15 We are (.) an amazing country\

16 a view shared by (.) all of my Government,
17 I'm sure all of the parliament/
18 my colleagues here with me today,
19 the Deputy Prime Minister the Treasurer,
20 er the Leader of the Government in the Senate,
21 my many colleagues.
22 We believe this passionately.
23 Australians have stood up,
24 Australians are proving once again\
25 that we are capable of doing extraordinary things/
26 but in a very Australian way\
27 I am thankful (.) for the many sacrifices,
28 that Australians have made to get us to this point.
29 But I am also very grateful (.) at a personal level,
30 for the time taken by those (.)
31 to share their experiences directly with me,
32 over these very difficult months during this crisis.
33 Almost a hundred (.) thousand (.) Australians,
34 have written to me in the past couple of months.
35 So many have suffered,
36 and they continue to hurt,
37 right here (.) and right now.
38 lost jobs (.) reduced hours,
39 seeing their family businesses shut,
40 having to close those doors\
41 retirement incomes shrink,
42 loved ones kept apart.
43 It has been a time of great uncertainty (.)
44 as Australians have had to come to terms with (.)
45 sudden and profound changes,
46 to their lives.
47 Greg (.) is a chef with six kids in Sydney\
48 he wrote to me about his business,
49 suffering from the restrictions,
50 saying that everything he had worked for,
51 was at risk.
52 Sue from Jimbooma,
53 told me that,
54 other than a first-home-owners grant,
55 she had never (.) received (.) a cent (.) from the government.
56 JobKeeper (.) saved her business she said\
57 and she just wanted to say thank you.
58 Anthony not the one you're thinking of,
59 @@@
60 but quite genuinely Anthony from Western Australia\
61 He sent me his wedding photo.
62 His wife of fifty years had just passed away.
63 He said his wife was the most caring person,
64 you could ever meet (.)
65 and he was absolutely heartbroken,
66 that he couldn't (.) give her the send-off that she deserved\
67 Of all the things,
68 of all the decisions we have taken,

69 that was undoubtedly (.) one of the hardest\
70 And you know I received an email from three children,
71 in a similar vein in Western Australia,
72 and it completely floored me.
73 Their father (.) terminally ill (.)
74 and they told me they understood,
75 their Dad's funeral would have to be small.
76 and they wanted me to know,
77 they were ok with that,
78 because it will help keep hospitals available,
79 for other patients with cancers and diseases.
80 That's incredible.
81 Our people are amazing.
82 And then there's Thai from Traralgon
83 and he wrote this (.)
84 we just need someone to fire the starter's gun
85 on the economy,
86 someone to say,
87 on your marks (.) get (.) set (.) go.
88 I've got good news for him.
89 Today I want to talk about that recovery.
90 Because that is what millions of Australians
91 are now relying on.
92 And there is reason to hope.
93 Australia is weathering this storm,
94 better than many (.) and better than most.
95 Indeed (.) together with a handful of nations (...)
96 we have led the world in this response\
97 Our response has followed a clear plan,
98 to save lives/
99 and save livelihoods\
100 with strong and coordinated leadership,
101 across all governments (...)
102 brought together (.) through the innovation of the National Cabinet.

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